The CCSC Experience: Apart from the obvious camp fun and activities available during a summer on the shores of Cape Cod Bay, our campers become participating members of a supportive, caring community where safety, fun and friendship are our hallmarks. Becoming a member of the CCSC family creates a life-long collection of memories and friendships, which span oceans and generations.

Deciding on CCSC: Whenever possible, we suggest a new camper and his/her parents meet with a member of our staff (by phone or in person) to discuss our program and philosophy. We can also facilitate direct communication with other parents who have children enrolled in camp.

We believe strongly that the traditional camp experience is important to the development of each child. Working together as a team – child, parent, counselor and director – to address the specific needs and adjustment of a camper is paramount to a successful CCSC summer. If you are inclined to “rescue” your camper following some initial sad communication rather than working through the issue with our team, then CCSC may not be the camp for you.

We will be holding OPEN HOUSES on Saturday April 14th and May 12th (12-3 PM) and we will be glad to answer any questions you might have, show our video of last summer’s experiences and give tours of the facility. If these times are not convenient, please call camp and arrange another time to visit.

Location: CCSC’s main campus is located directly on Cape Cod Bay in Brewster, MA. In addition to the 58 acre main campus with a 1/4 mile sandy beach, CCSC has a wooded 70 acre site with 1000’ of beachfront on Long Pond, Cape Cod’s largest freshwater lake. CCSC is 90 miles from Boston. Local Medical facilities include: Cape Cod Hospital - 20 minutes and Fontaine Medical Center - 5 minutes away.

Early Registration: Returning campers and wait-list families may register before November 1st and receive a discounted tuition. Prospective families may also register early to take advantage of the tuition discount, but may be placed on a waitlist until after November 1st or when a space becomes available. Applications will be accepted on a “first come, first served basis” with preference given to returning campers and wait-list families. Waitlists are common in some age groups with spaces filling quickly.

Camp Dates/Sessions: CCSC offers a full session of 7 weeks or a half session of 3 1/2 weeks during the following dates:

- Full: July 1 - August 18
- Half or 1st Session: July 1 – July 24
- Half or 2nd Session: July 26 - August 18

A limited number of spaces for shorter sessions are available for younger, first time campers, ages 8-13. (See Campers A-Way or ask about our Days A-Way programs.)

Tuition: For those families who do not pay the full tuition upon registration, a partial tuition payment, Canteen Deposit and JC Activity Fee are due on February 1st. The final tuition payment is due on April 1st to ensure enrollment and any tuition credits. Tuition covers participation in all camp activities. Camp tuition does not cover optional trips, transportation to and from camp, medical bills due to illness, JC Special Trips, or Canteen Expenses.

Canteen Deposit: The Canteen Deposit is a deposit towards Canteen Expenses, which are generally optional including trips, transportation to and from camp, baggage/shipping/postal charges, medical bills due to illness, camper cash advances or spending money. Canteen Deposits for full season $100.; half season $50. and Campers A-Way $25.

Refund Policy: A $1000 registration deposit ($500 non-refundable) is fully applicable toward the tuition and required to reserve a space at CCSC. $500 of the registration deposit is refundable until April 1st. Partial tuition is due February 1st and the balance of the tuition by April 1st. Failure to meet the April 1st payment deadline may result in forfeiture of tuition discounts or cancellation of enrollment. No refunds for late arrivals, absences, suspensions, dismissals, withdrawals, or early departures. Consider tuition insurance.
TUITION INSURANCE: We encourage obtaining protection for your camper’s tuition at camp, especially if you feel your camper will have severe homesickness. Please refer to the TravMark Summer Camp Protection or go to our Cape Cod Sea Camps’ website and under camp forms, click on TravMark Summer Camp Protection for more detailed information regarding this optional insurance coverage. Complete details of the plan and enrollment forms are available online at www.travmark.com

CAMPERS: Generally our geographic distribution of campers is as follows:
- 44% New England States (5 states)
- 47% Other states (20 different states)
- 9% Foreign Countries (22 countries)

Campers may begin attending camp at age 8 and continue to age 14 at which time they may be invited to participate in our Counselor Training Program. The median age of our camper population is 12 years old.

COUNSELOR TRAINING PROGRAM (AGES 14-17):
The Counselor Training Program (JC Corps) is a specialized 4-year program beginning when campers finish the 8th grade. The program hosts approximately 150 young men and women each summer and has gained an international reputation for preparing them to be highly proficient camp counselors and instructors. Moreover, it is our intentional goal to encourage teens to develop the skills and motivation necessary to serve as leaders and role models at camp and in the schools and communities to which they return.

Each year of the program there are requirements that must be fulfilled in order to continue. New campers may apply to the program when entering 9th or 10th grades. All JCs are full season campers. No refunds are provided for JCs attending camp for less than 7 weeks. The program is selective with spaces limited for each year of the program. Due to the reputation and popularity, the JC units fill very quickly and waitlists are common.

During the four-years there are required activities and courses including: a counseling course, CPR, First Aid and Water Safety course, Lands Sports Clinic and majors in 2-4 activities. An activity major includes acquiring a high skill level, teaching hours (with supervision) and an attitude consistent with the ideals of the JC Program and camp.

JCs have the opportunity to enjoy social outings including concerts, plays, a trip to Nantucket island, Provincetown and other unit events. The JC Fee covering the trips is reflected on the application form.

STAFF: Generally, our counseling staff is composed of college and graduate students. The ratio of counselors to campers is approximately 1:5. In addition to the counseling staff, each unit has a Head Counselor, most of who have been with us for a number of years and many are in the education field during the winter months. An administrative team composed of Directors: Nancy Garran, David Peterson and Christie Peterson; Program Director: Rachel Horn, and JC Director: Stephen Wallace have responsibility in the guidance and direction of the units as well as activities. All major activities have a department head, again usually a teacher or professional, who is responsible for maintaining the quality of instruction.

Our Health Center is staffed by at least 6 registered nurses, a Nurse Manager, Nurse Practitioner and a local off-site Pediatrician as a medical consultant. Health clinics are scheduled daily. The program is engineered and supervised by our Program Director. Our full time maintenance staff supervises the maintenance of camp. The ratio of counselor and supervisory personnel to campers is approximately 1:4.

UNITS: There are ten units or age groups, five for boys and five for girls, ranging from 20 to 50 campers per unit. Campers are assigned as follows:

<table>
<thead>
<tr>
<th>Ages</th>
<th>Girls Units</th>
<th>Boys Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>8 - 9 years</td>
<td>Juniors</td>
<td>Junior Scouts</td>
</tr>
<tr>
<td>10 - 11 years</td>
<td>Middlers Scouts</td>
<td>Guides</td>
</tr>
<tr>
<td>11 - 12 years</td>
<td>Petty Officers</td>
<td>Seniors</td>
</tr>
<tr>
<td>13 - 14 years</td>
<td>Seniors</td>
<td>Seniors</td>
</tr>
<tr>
<td>14 - 17 years</td>
<td>JCs</td>
<td>JCs</td>
</tr>
</tbody>
</table>

Due to the popularity of our camp program, some units fill quickly.

ACCREDITATION AND CAMP LICENSE: The American Camp Association (ACA) accredits CCSC every three years. The ACA’s Standards Program is the only nationally recognized program to monitor all aspects of a camp’s operation. Less than 2000 camps nationwide have earned this prestigious distinction. Furthermore, CCSC is licensed by the town of Brewster on an annual basis as determined by the MA Dept. of Public Health (105 CMR 430.000). Information on these regulations can be obtained by calling 617-983-6761. Parents may request from CCSC (included in our Parent Handbook), copies of our policies on counselor background screening, health care and disciplinary policies.

PROGRAM: Campers have the opportunity to choose 5 different activities each week out of an average of 20 offerings per period. Swimming is required of all campers until they have passed the
American Red Cross (ARC) Level 5 skills. (Parents can request Bay Sail in lieu of swim lessons for greater scheduling flexibility for their camper.) Activity periods are approximately one hour. Cycling, sailing, windsurfing and waterskiing, however, are taken for the entire morning or afternoon. Activities are usually chosen by skill level such as intermediate tennis; beginner soccer; Level IV swimming; so that a camper has the opportunity for interaction with both older and younger campers of the same skill level.

Every effort is made for the camper to receive his/her first choices, but it is not always possible. If a child does not receive his/ her first choice one week, the Head Counselor makes every effort for the camper to get the activity of his/ her choice the following week. All activities have Department Heads who assure the safety and quality of instruction.

An average daily schedule would look like this:

**Morning Schedule**
- 7:00 Revielle
- 7:30 Breakfast
- 9:30 1st Activity Period
- 10:45 2nd Activity Period

**Evening Schedule**
- 5:30 Dinner
- 6:45 Evening Unit Activities
- 9:00 Taps (Bedtimes vary by age group)

**ACTIVITIES:** Cape Cod Sea Camps is a general activities camp offering fine facilities and excellent instruction in a variety of activities, including:

- **Arts:** Archery, Crafts/Pottery
- **Dance:** Canoe/Kayak, Drama
- **Nature:** Fitness, Aerobics
- **Soccer:** Baseball, Lacrosse
- **Softball:** Tennis, Field Hockey
- **Street Hockey:** Volleyball, Swimming
- **Unicycling:** Journalism, Waterskiing*
- **Bay Sailing:** Rifle, Windsurfing*
- **Lake Sailing:** Cooking, Challenge
- **Sail Racing:** Cycling, Woodworking
- **Photography:** Basketball, Good Books/Reading

**Participation in the following activities requires campers to be in the stated American Red Cross swim level:**

- **SAILING - ARC Level III**
- **CANOE/KAYAK - ARC Level III**
- **WATERSKIING - ARC Level VI**
- **WINDSURFING - ARC LEVEL VI**

*Waterskiing space is extremely limited and qualified children may have difficulty receiving this activity due to program, staff and equipment availability.

**EVENING ACTIVITIES:** The evening activities begin after dinner and may include movies, unit games, scavenger hunts, beach fires, evening sails, IC special events, intra-camp competition, Saturday night drama specials, pool parties, Sunday night at The Sunset Show, cookouts, Long Pond outings and more. Most evening activities are organized within the units as an opportunity to enhance group unity and spirit.

**CAMP CLOTHING:** CCSC Shirts are worn on Sundays and for camp trips. A uniform is not required at other times. T-Shirts, sweatshirts and other items may be purchased before camp through our camp outfitter. A full listing of suggested clothing is available in the PARENT HANDBOOK.

**BEDDING:** All bedding is supplied to campers and includes a pillow, sheets, pillowcase, blankets and towels. There is a weekly laundry service for bedding as well as personal laundry. Some campers bring personal items such as a pillow or comforter. All personal items must be marked with camper’s full name.

**THE CABINS:** Campers are housed in comfortable cabins accommodating between 10 to 14 campers and 2 to 4 counselors. The cabins are screened and have electricity. Bathrooms are attached to all but three Monomoy cabins, which have adjacent toilets. Five shower houses are centrally located and convenient to the cabin groups.

**HEALTH:** Camping should be a pleasant and positive experience for your child. It is our purpose to make this possible and to keep your child in optimum health. We require a completed CCSC HEALTH FORM, including current physical exam, for your child to be on file by June 1st.

Admittance into camp will be based on receiving a completed health form/waiver. If your child has had a physical exam within 24 months of their attendance at camp, please have your physician complete and sign the CCSC medical forms. If your child has a health, emotional or psychological problem, it is essential to provide us with his/her medical records as soon as possible so that we may begin planning for successful participation.

**TRANSPORTATION:** On July 1st (Opening Day) and August 18th (Closing Day) we usually have chartered coaches to/from camp from the New York City and Connecticut areas as well as Logan Airport in Boston. We also meet planes and ferries in Hyannis. At mid-season, we transport campers to and from Boston and Hyannis, and buses are arranged to NY and CT as needed. A TRAVEL FORM will be sent to you after enrollment, which will give more details including pick-up/drop-off locations and fees charged for these services. Extra fees may be assessed for transportation on non-traditional days.

**TRIPS:** Each unit enjoys two trips each month as a unit to Long Pond (our outpost camp) for swimming, canoeing, a cookout or sleep out, or a Beach Day on Cape Cod Bay. We also offer a number of optional trips, for an additional fee, yet subject to change. Among the trips offered are: Boston Red Sox, Nantucket Island, Provincetown, a theatrical performance, an overnight camping trip, a beach day on Cape Cod Bay. We also offer a number of optional trips, for an additional fee, yet subject to change. Among the trips offered are: Boston Red Sox, Nantucket Island, Provincetown, a theatrical performance, an overnight camping trip, a beach day on Cape Cod Bay.
Counselors, Junior packages in the cabins which may contain nuts. a NUT FREE dining hall, but we caution that campers may receive care arranged for campers with medical needs. The dining hall strives to be choices including fresh fruit and salad bars daily. Special diets can be provide a full service dining experience. There are always plenty of FOOD:

VIKIS & CALLS TO CAMP: We ask parents and guests not to visit camp for the first week of their child’s session. During this time, we also discourage phone calls home by the campers. Should your child be having difficulties, we will work as a team and contact you immediately. After the acclimatization period, parents may visit during visiting hours for short visits. Weekends are best for quick stop at camp. Call ahead to help your child plan around their very busy schedule.

NO CELL PHONES PLEASE: To maintain our distinctive camp environment, we do not allow campers to utilize or have in their possession cellular telephones, pagers, computers or electronic email devices while at camp. Counselors, Junior Counselors and Staff are also restricted in their use of cellular phones, computers or other electronic devices while on campus.

CAMPERSHIPS: A limited number of camperships are available each year. Most camperships are granted based on need and merit. Applications for camperships must be completed and returned to CCSC by January 1st of each year.

DISCIPLINE AT CAMP: The ultimate goal of all discipline is self-control. Eventually, any outward sanctions utilized for discipline are replaced by inner controls that regulate behavior according to each situation a child encounters. Children need time and firm but fair discipline to serve as a guidance element for their behavior. Our goal in discipline is not to punish but to teach (from the Latin “disciple” – teacher) correct behavior. Children need to develop responsibility for their actions. Discipline at CCSC is circumstantial. Each and every circumstance is treated a little differently depending on the severity of the behavior. A complete description of our Disciplinary Code is available in the CCSC Parent Handbook. A copy of this information may be mailed to you before you make your decision to send your child to CCSC.

FOOD: Cape Cod Sea Camps contracts with the Chartwell Group to provide a full service dining experience. There are always plenty of choices including fresh fruit and salad bars daily. Special diets can be arranged for campers with medical needs. The dining hall strives to be a NUT FREE dining hall, but we caution that campers may receive care packages in the cabins which may contain nuts.

THE FAMILY: Cape Cod Sea Camps, Monomoy/Wono, are among the oldest privately owned and family run camps in the country. CCSC Executive Director Nancy Garran, representing the 3rd generation of family leadership, continues with the same underlying philosophy of providing a memorable experience for children that is conducive to fun and learning while focusing on the emotional and physical safety of each camper and staff member.

MONOMOY DAY CAMP: Based on the same solid philosophy of CCSC, the Monomoy Day Camp provides a wonderful day camp experience to the residents of the Lower Cape and summer visitors. Campers may choose from 1 to 7 week stays with daily activity choices. Day Campers have their own cabins and meeting areas and are supervised by their own day camp counseling staff and directors. Please contact our office for further details.

POST SEASON CAMPS: Cape Cod Sea Camps leases its facilities to specialty Sports Camps at the end of the summer, which offer both overnight and day programs. For more information contact:

PTUSA/UK Elite Soccer (Co-ed)
Paul Turner, Director Phone: 781.585.1950
62 Main Street, Suite 201, Kingston, MA 02364
Email: PaulT@UKElite.com
Website: www.UKElite.com

The Cape Cod Running Camp (Co-ed)
Roy Harrison, Director, Phone: 203.400.2861
135 Brookfield Rd, Riverside, RI 02915
Email: rharrison321@hotmail.com
Website: www.thecapecodrunningcamp.com

If interested in running your own clinic or camp, email Groups@capecodseacamps.com

Rental of Facility for Field Trip Opportunities at CCSC

Thousands of children join their school groups for camping experiences here at the Cape Cod Sea Camps during Spring and Fall. To find out more about hosting a group at camp, call 508.896.3451. Visit our website at www.capecodseacamps.com or www.capecodfieldtrips.com.

Email: Groups@capecodseacamps.com

CAPE COD SEA CAMPS
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