

2012 CAMP STAFF CERTIFICATION SCHOOLS At CAPE COD SEA CAMPS



ROOM & BOARD

Many Certification School attendants are from local camps and will stay at their camps. *Meals will be provided to participants when their course runs through a meal time, usually lunch*. Lodging for “other-than” CCSC staff is limited but available. Please indicate your need for lodging when applying for your courses.

DIRECTIONS— GPS 3057 Main Street Brewster MA

From points West: Take either Rte 3 from Boston or Rte 195 from Providence. Cross either the Sagamore or Bourne Bridge and proceed to Rte 6 East. Get off at Exit 10 and take a left at the end of the exit ramp onto Rte 124. Follow for approximately 5 miles until it ends at Rte 6A. Take a right on Rte 6A and proceed for 2 miles. CCSC will be on the left or north side of 6A between Ocean Edge Resort and Nickerson State Park.

CONTACT INFORMATION

Dave Peterson or Sherry Mernick
Cape Cod Sea Camps
PO Box 1880, Brewster MA 02631
Ph: 508-896-3451
Fax: 508-896-8272
Email: info@capecodseacamps.com

NO REFUNDS AFTER JUNE 1st

RED CROSS TRAINING

ARC WATERFRONT LIFEGUARD (Includes CPR/FPR, FA and AED)

Dates: June 13th—17th (9am - 3:30pm) or
June 18th - 22nd (9am - 3:30pm)

Cost: \$350 37 Hours

Prerequisites: (min age 15 and strong swimmer)

* Swim Test (550 yds non-stop)

* Retrieve 10 lb weight from 9 ft of water

* 15 Yard Underwater Swim [READ MORE](#)

Purpose: To train Lifeguards to supervise swimming and small boat activities. Successful completion fulfills the American Camp Association's standards for supervision of swimming and boating activities. (Qualified to guard at Pool, Lake, Pond, Bay.) *Bring a wetsuit top or vest if you have one.*

ARC LIFEGUARD CHALLENGE

Dates: June 23rd (9am—12) or June 24th (1pm - 4pm)

Cost: \$ 100

Prerequisites: Current Life Guard Certification or Certification that has expired within one month of course. Current CPR/FPR and FA - send copy of card or register for a CPR/FPR Challenge Course.

Purpose: Re-Certification of Life Guards (CPR Separate).

ARC SMALL CRAFT SAFETY/WATER RESCUE (See page 3 for Instructor Class)

Dates: June 17th or June 19th or June 21st (9am-5pm, 8 hrs)

Cost: \$ 75

Prerequisites: (min age 15 & should have CPR, FA)

Purpose: This course is designed to meet the water safety certification needs for boating instructors as currently required by the American Camping Association. This course includes boating safety issues and rescues and assists from boats. Sail, Kayak and Canoe modules are offered for those disciplines.



ARC CPR/AED/FPR

Dates: June 18th (9:00am - 4pm) or June 20th (9-4pm)
June 22nd (9:00 - 4pm)

Cost: \$ 75 7-8 Hours

Prerequisites: none

Purpose: Provides participants with skills to provide care in emergencies before more skilled medical help arrives. Includes AED Training for professional rescuer.

ARC CPR/AED/FPR CHALLENGE

Dates: June 21st (1pm-4pm) or June 22nd (3-5pm) or
June 23rd (1pm-4pm) or June 24th (9am-12pm)

Cost: \$ 50 (2 to 3 Hours)

Prerequisites: CPR Certification held within the last year.

Purpose: Re-Certification in CPR for **Waterfront Staff**.

CPR/AED Layperson CHALLENGE

Dates: June 23rd (9:00 - 12pm)

Cost: \$ 50

Prerequisites: CPR Certification held within the last year.

Purpose: Re-Certification in basic CPR.

ARC FIRST AID

Dates: June 22nd (1—4pm, 3 hrs) or
June 24th (1—4pm, 3 hrs)

Cost: \$ 50

Prerequisites: Current CPR

Purpose: Help candidates to be able to identify ways to prevent injury or illness and provide basic care until a victim receives professional medical help.

ARC WHEN HELP IS DELAYED Add on Course to First Aid

Dates: June 22nd (4 -5pm), June 24th (4 -5 pm)

Cost: \$ 20

Prerequisites: First Aid and CPR Certification

Purpose: This course helps meet the ACA standard for programs or trips that operate up to 1 hour from access by an Emergency Medical System. This will meet the minimum ACA standard for such programs. *(For programs more than 1 hour from Emergency Medical Care, a First Responder certification is required.)*

EACH COURSE HAS LIMITED SPACE and ENROLLMENTS ARE ON A FIRST COME FIRST SERVED BASIS. PAYMENT FOR NON-CCSC STAFF MUST ACCOMPANY THE APPLICATION. Full Attendance is required for every course - no exceptions. NO REFUNDS AFTER JUNE 1st .

*THERE IS NO CHARGE FOR CCSC STAFF WHO ARE AUTHORIZED TO ATTEND THESE COURSES AND COMPLETE THEIR EMPLOYMENT PERIOD AT CAMP. STAFF LEAVING EARLY ARE RESPONSIBLE FOR COURSE FEES.

THERE WILL BE NO REFUNDS FOR CANDIDATES WHO DO NOT COMPLETE COURSES, OR FAIL TO BECOME CERTIFIED FOR WHAT EVER REASON. INSTRUCTOR COURSES TEACH TO TEACH - NOT TO LEARN BASIC SKILLS.

INSTRUCTOR TRAINING COURSES

US SAILING COUNSELOR

US Sailing Counselor

Dates: (June 16 - 17, 9:00am - 5:30pm) OPEN**
(June 23 - 24, 9:00am - 5:30pm) CCSC Staff

Cost: \$130 **16 Hours**

Instructor: Andy Ellis, US Sailing Instructor Trainer

****Register for June 11th Course directly with US SAILING**

<http://www.ussailing.org/training>

Purpose: The Sailing Counselor course is two day course designed to prepare camp counselors and staff from community sailing and scouting programs to supervise small boat recreational sailing activities typically conducted on sheltered and protected waters. The emphasis is on safety and hands-on practice to familiarize candidates with proper terminology and boating techniques. **This Is NOT the Level 1 Instructor Course.**

SMALL CRAFT

Small Craft Safety/Water Rescue Instructor

Dates: TBD 9am to 5pm

Cost: \$300 **20 Hours**

Instructor: Edward Barber, SCS & BWR IT

Prerequisites:

- * Swim Test
- * Have current Small Craft Safety rating
- * Boating Proficiency Test (must have small craft experience in Canoe, Kayak and Dingy Sailing)

Purpose: This Red Cross course is designed to certify Instructors in Small Craft Safety and Water Rescue. The certification meets MA License requirements and the American Camping Association's certification requirement for Boating Instructors. Candidates should be competent in Canoe, Kayak and Dingy Sailing. **Not a Basic Boating Course.**

ARCHERY

NAA ARCHERY Level 1 Instructor

Dates: June 20th—21st (Begins at 12pm on 20th)

Cost: \$175 **15 Hours (12:30pm start on the 20th)**

Instructor: Lucy Morris, New England School of Archery

Prerequisites: (Minimum Age 18)

- * Basic knowledge in Archery
- * Basic experience in shooting

Purpose: To train staff in the fundamentals of Archery marksmanship. To improve and enhance the level of instruction in Camp Archery programs. Successful completion of this course fulfills the American Camping Association's certification requirements for Archery Instructors. ***This course begins promptly - Late arrivals may be denied access to the course with no refund permitted.***

SWIMMING

ARC WATER SAFETY Instructor

Dates: (June 13 - 17, 9am to 3:30pm) or
(June 18 - 22, 9am to 3:30pm)

Cost: \$350 **30 Hours**

Instructor: Christie Peterson or Steve Kitchen , WSIT

Prerequisites: (min age 16)

- * Swim Test Day 1 = 100 yards each stroke
- * Current CPR & FA
- * Strong swimming skills and knowledge of swimming.

Purpose: To train teachers in ARC Water Safety. Meets requirement for swimming instructors as stated in the MA Camping Regulations and ACA Standards. There will be a swim screening held on the first day of the course. Strong skills in each stroke are required. Participants should come prepared to swim each day. Includes ARC Fundamentals in Teaching. ***(Pool is heated but a wetsuit tunic is nice to have.)***

RIFLERY

CMP RIFLE Instructor

Dates: June 21st—23rd (begins 5pm on 21st)

Cost: \$150 **20 Hours (evening start)**

Instructor: Leo Lujan, CMP Instructor Trainer

Prerequisites: (Minimum Age 18)

- * Interest in the shooting sports
- * Basic knowledge in Rifle Marksmanship

Purpose: The Civilian Marksmanship Program Instructor will gain the necessary skills to lead an air rifle or small bore rifle program. Attention is paid to instructional techniques, safety and range supervision. Successful completion of this course fulfills a part of the ACA standards and MA Regulations for Rifle Range Supervision.

KAYAK

ACA Level 1 Kayak Instructor

Dates: June 18th—20th

Cost: \$375 **16 Hours plus [Instructor Cert Exam](#).**

Instructor: CRCA, ACA Canoe Instructor Trainer

Prerequisites: (Minimum Age 18)

- * Sound paddle strokes and kayak knowledge
- * Ability to communicate, teach and lead a Kayak Group
- * [Details at American Canoe Association Website](#)

Purpose: The purpose of this course is to train counselors in the safe supervision of still water kayak programs. Skills include Safe entry and exit, lead and sweep responsibilities, basic rescues and paddling games. MA DPH regulations require boating instructors to have either ARC Small Craft Safety and Water Rescue, LGT or an equivalent certification to instruct in camps. **Previous Experience Required.**

REGISTRATION FORM

One form per student please. Photocopies are acceptable. DETAILS/ACCEPTANCE for courses will be forwarded via a confirmation card to the mailing or email address below.

Name _____

Mailing Address _____

City _____ State _____ Zip _____

Phone (_____) _____

DOB _____

Camp Director _____

Camp _____ Phone _____

Camp Address _____

Phone after 6/15 _____

Candidates Email _____

Yes I will need lodging at CCSC
 _____ No. of Nights(Add \$10 per night)

Please indicate the course(s) you are interested in

- ___ LG Training ___(June 13-17) ___(June 18-22)\$350
- ___ Lifeguard Challenge ___ (June 23) ___(June 24) \$100
- ___ Small Craft Safety/Water Rescue (June 17) \$75
- ___ Small Craft Safety/Water Rescue (June 19) \$75
- ___ Small Craft Safety/Water Rescue (June 21) \$75
- ___ First Aid ___(June 22) ___ (June 24) \$50
- ___ When Help is Delayed___ (June 22) ___ (June 24) \$20
- ___ CPR/AED/FPR new ___(6/18) ___(6/20) ___(6/22) \$75
- ___ CPR/AED/FPR Challenge ___(June 21)___(June 22)\$50
- ___ CPR/AED/FPR Challenge___(June 23)___(June 24) \$50
- ___ CPR Layperson Challenge ___(June 23) \$50
- ___ NAA Archery **Instructor** (June 20 - 21) \$175
- ___ CMP Rifle **Instructor** (June 21 - 23) \$150
- ___ ACA Level 1 Kayak Instructor (June 18-20) \$375
- ___ US Sail Counselor (June 16 - 17) (*Contact US Sailing*)
- ___ US Sail Counselor (June 23 - 24) \$130
- ___ ARC Water Safety **Instructor** (June 13 - 17) \$350
- ___ ARC Water Safety **Instructor** (June 18 - 22) \$350
- ___ **Total payable to: Cape Cod Sea Camps**
PO Box 1880, Brewster MA 02631

NOTE: No Course Charges for Authorized CCSC Staff pending completion of employment period. Staff leaving early will be charged for their courses. CCSC Staff must seek authorization from Sherry, Dave or Otis for free tuition in these courses. NO REFUNDS AFTER JUNE 1st. CCSC Phone 508 896 3451



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