



**CAPE COD
SEA CAMPS**
MONOMOY-WONO

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THE CCSC EXPERIENCE: Apart from the obvious camp fun and activities available during a summer on the shores of Cape Cod Bay, our campers become participating members of a supportive, caring community where safety, fun and friendship are our hallmarks. Becoming a member of the CCSC family creates a life-long collection of memories and friendships, which span oceans and generations.

DECIDING ON CCSC: Whenever possible, we suggest a new camper and his/her parents meet with a member of our staff (by phone or in person) to discuss our program and philosophy. We can also facilitate direct communication with other parents who have children enrolled in camp.

We believe strongly that the *Traditional Camp* experience is important to the development of each child. Working together as a team – child, parent, counselor and director – to address the specific needs and adjustment of a camper is paramount to a successful CCSC experience. If you are inclined to “rescue” your camper following some initial sad communication rather than working through the issue with our team, then CCSC may not be the camp for you.

We will be holding OPEN HOUSES on Saturday April 17th and May 15th (12-3 PM) and we will be glad to answer any questions you might have, show our video or slides of last summer’s experiences and give tours of the facilities. If these times are not convenient, please call camp and arrange another time to visit.

LOCATION: CCSC’s main campus is located directly on Cape Cod Bay in Brewster, MA. In addition to the 58 acre main campus with it’s 1/4 mile sandy beach, CCSC has a wooded 70 acre site with 1000’ of beachfront on Long Pond, Cape Cod’s largest freshwater lake. CCSC is just 90 minutes from Boston. Local Medical facilities include: Cape Cod Hospital - 20 minutes, Fontaine Medical Center - 5 minutes, Orleans Medical Center - 5 minutes.



2010 RESIDENT CAMP INFORMATION

More than 88 years of Camping Excellence

EARLY REGISTRATION: Returning campers and wait-listed families may register before November 1st and receive a discounted tuition. Prospective families may also register early to take advantage of the tuition discount, but may be placed on a waitlist until after November 1st or a space becomes available. Applications will be accepted on a **“first come, first served basis”** with preference given to returning campers and waitlist families before new families. Waitlists are common in some age groups with spaces filling quickly.

CAMP DATES/SESSIONS: CCSC offers a full session of 7 weeks or a half session of 3 1/2 weeks during the following dates:

Full	June 27- August 14
1 st Session	June 27 – July 20
2 nd Session	July 22 - August 14

A limited number of spaces for shorter sessions are available for young, first time campers, ages 8-11. (See Campers A-Way or ask about Days A-Way programs.)

TUITION: Families may pay tuition and canteen fee in full, or set up a tuition payment plan upon registration. For all others, **½ of the Tuition will be due on February 1st with the Balance due on April 1st.** Tuition covers participation in all camp activities. Camp tuition does not cover optional trips, transportation to and from camp, medical bills due to illness, JC Special Trips, or Canteen Expenses.

CANTEEN DEPOSIT: The Canteen Deposit is a deposit towards Canteen Expenses, which are generally optional including trips, transportation to and from camp, baggage/shipping/postal charges, medical bills due to illness, camper cash advances or spending money, coupon books (\$10 per weekly allowance for use at the Camp Store), and JC weekly allowances. Canteen Deposits for full season \$100. ; half season \$50. and, Campers A-Way \$25.

REFUND POLICY: A \$1000. registration fee (\$500. non-refundable) is fully applicable toward the tuition and required to reserve a space at CCSC. \$500. of the registration fee is refundable until April 1st. ½ Tuition is due February 1st and the balance of the tuition by April 1st. Failure to meet the April 1st payment deadline may result in forfeiture of tuition discounts or cancellation of enrollment. **No refunds for late arrivals, absences, suspensions, dismissals, withdrawals, or early departures.**

CAMPERS: Generally our geographic distribution of campers is as follows:

- 47% New England States
- 43% Other states (23 different states)
- 10% Foreign Countries (18 countries)

Campers may begin attending camp at age 8 and continue to age 14 at which time they may be invited to participate in our Counselor Training Program. The median age of our camper population is 12 yrs. old.

COUNSELOR TRAINING PROGRAM (AGES 14-17):

The Counselor Training Program is a specialized 4-year program beginning when campers finish the 8th grade. The aim of the program is to give young men and women the knowledge necessary to become a counselor at CCSC or any camp. Each year of the program there are requirements that must be fulfilled in order to continue. New campers may apply to the program when they are entering the 9th or 10th grades. ***All JCs are full season campers. No refunds are provided for JCs attending camp for less than 7 weeks. The program is selective with spaces limited for each year of the program.***

During the four-years there are required activities and courses including: a counseling course, CPR Course, First Aid Course, Water Safety Course, Land Sports Clinic, and majors in 2-4 activities. An activity major includes acquiring a high skill level, teaching hours (under supervision) and an attitude consistent with the ideals of the JC Program and the camp.

JCs have the opportunity to enjoy one or two wonderful plays/concerts, a trip to Nantucket Island, Provincetown and other unit outings. These special events usually cost approximately \$390. The JC Fee covering these trips is reflected on the registration form.

CCSC's JC Program is one of the most comprehensive in the country. Due to reputation and popularity the JC unit fills very quickly and waitlists are common.

CAMPERS A-WAY (AGES 8-11): We reserve a limited number of spaces for first time children to experience resident camping for a shorter period of time than our regular (3 ½ week) half sessions. This program is offered to younger campers who are new to CCSC for a period of ten days. The sessions run from 6/27-7/6, 7/11-7/20, 7/22-7/31, and 8/3-8/14. Due to final closing events, the last CAW session is a twelve (12) day session.

DAYS A-WAY: (AGES 8-13) A weekly 5-day overnight experience offered in conjunction with our Monomoy Day Camp. Campers live in cabins in the Day Camp area and participate with the day camp units during the day. After day camp hours, the Days A-Way campers enjoy a snack time and special elective activities. Evenings are filled with special events followed by a campfire with stories, s'mores and songs. Campers stay at camp Monday - Thursday nights and

are home for the weekend. *Contact our office for details.*

STAFF: Generally, our counseling staff is composed of college and graduate students. The ratio of counselors to campers is approximately 1:5. In addition to the counseling staff, each unit has a Head Counselor, most of who have been with us for a number of years and many are in the education field during the winter months. An administrative team composed of Directors: Nancy Garran, David Peterson and Sherry Mernick; Program Director: Rick Francis, and JC Director: Stephen Wallace have responsibility in the guidance and direction of the units as well as activities. All major activities have a department head, again usually a teacher or professional, who is responsible for maintaining the quality of instruction.

Our Health Center has 4 registered nurses, a Pediatric Nurse Practitioner and a local off-site Pediatrician as a medical consultant. Health clinics are scheduled daily. The program is engineered and supervised by our Program Director. Our full time maintenance staff supervises the maintenance of camp. The ratio of counselor and supervisory personnel to campers is approximately 1:4.

UNITS: There are ten units or age groups, five for boys and five for girls, ranging from 20 to 50 campers per unit. Campers are assigned as follows:

<i>Ages</i>	<i>Girls Units</i>	<i>Boys Units</i>
8 - 9 years	Juniors	Junior Scouts
10 - 11 years	Middlers	Scouts
11 - 12 years	Petty Officers	Guides
13 - 14 years	Seniors	Seniors
14 - 17 years	JCs	JCs

Due to the popularity of our camp program, some units fill quickly.

ACCREDITATION AND CAMPLICENSE: The American Camp Association (ACA) accredits CCSC every three years. The ACA's Standards Program is the only nationally recognized program to monitor all aspects of a camp's operation. Less than 2000 camps nationwide have earned this prestigious distinction. Furthermore, CCSC is licensed by the town of Brewster on an annual basis as determined by the MA Dept of Public Health (105 CMR 430.000). Information on these regulations can be obtained by calling 617-983-6761. Parents may request from CCSC (included in our Parent Handbook), copies of our policies on counselor background screening, health care and disciplinary policies.

PROGRAM: Campers have the opportunity to choose 5 different activities each week out of an average of 15 offerings per period. Swimming is required of all campers until they have **passed** the American Red Cross (ARC) Level 5 rating. *(Parents can request Bay Sail in lieu of swim lessons for greater scheduling flexibility for their camper.)* Activity periods are approximately one hour. Cycling, sailing, windsurfing and waterskiing, however, are taken for the entire morning or

afternoon. Activities are usually chosen by skill level such as intermediate tennis; beginner soccer; Level IV swimming; so that a camper has the opportunity for interaction with both older and younger campers of the same skill level.

Every effort is made for the camper to receive his/her first choices, but it is not always possible. If a child does not receive his/ her first choice one week, the Head Counselor makes every effort for the camper to get the activity of his/ her choice the following week. All activities have Department Heads who assure the safety and quality of instruction.

An average daily schedule would look like this:

Morning Schedule	Afternoon Schedule
7:00 Reveille	12:15 Lunch, Store, Rest
7:30 Breakfast	2:30 3 rd Activity Period
9:30 1 st Activity Period	3:30 4 th Activity Period
10:45 2 nd Activity Period	4:30 5 th Activity Period
Evening Schedule	
5:30 Dinner	
6:45 Evening Unit Activities	
9:00 Taps (Bedtimes vary by age group)	

ACTIVITIES: Cape Cod Sea Camps is a general activities camp offering fine facilities and excellent instruction in a variety of activities, including:

Arts	Archery	Crafts/Pottery
Dance	Canoe/Kayak	Drama
Nature	Fitness	Aerobics
Soccer	Baseball	Lacrosse
Softball	Tennis	Field Hockey
Street Hockey	VolleyBall	Swimming
Snorkeling	Bay Sailing	Lake Sailing
Sail Racing	Video	Windsurfing
Riflery	Waterskiing*	Woodworking
Photography	Cycling	Basketball
Journalism	Good Books	Challenge

Participation in the following activities requires passing the stated Red Cross swim level:

SAILING - ARC Level II

CANOE/KAYAK - ARC Level II

WINDSURFING - ARC Level V

WATERSKIING - ARC Level V*

** Waterskiing space is extremely limited and qualified children may have difficulty receiving this activity due to program, staff and equipment availability.*

EVENING ACTIVITIES: The evening activities begin after dinner and include such things as movies, unit games, scavenger hunts, beach fires, evening sails, JC special events, intra-camp competition, Saturday night drama specials, pool parties, Sunday night at The Early Show, cookouts, Long Pond overnights and more. Most evening activities are organized within the units as an opportunity to enhance group unity and spirit.

CAMP CLOTHING: CCSC Shirts are worn on Sundays and for camp trips. A uniform is not required at other times. T-Shirts, sweatshirts and other items may be purchased before camp through our camp outfitter. A full listing of suggested clothing will be forwarded in the *PARENT HANDBOOK* prior to attendance at camp.

BEDDING: All bedding is supplied to campers and includes a pillow, sheets, pillowcase, blankets and towels. There is a weekly laundry service for soiled bedding as well as personal laundry. Some campers bring personal items such as pillows or comforters. All personal items must be marked with camper's full name.

THE CABINS: Campers are housed in comfortable cabins accommodating between 10 to 14 campers and 2 to 4 counselors. The cabins are screened and have electricity. Bathrooms are attached to all but three Monomoy cabins, which have adjacent toilets. Five shower houses are centrally located and convenient to the cabin groups. The Wono JC cabins and two Monomoy cabins have showers in the cabins.

HEALTH: Camping should be a pleasant and positive experience for your child. It is our purpose to make this possible and to keep your child in optimum health. We require a completed CCSC HEALTH FORM, including current physical exam, for your child to be on file by June 1st.

Admittance into camp will be based on receiving a completed health form/waiver which is current. If your child has had a physical exam within 24 months of their attendance at camp, please have your physician complete and sign the CCSC medical forms. If your child has a health, emotional or psychological problem, it is essential to provide us with his/her medical records as soon as possible so that we may begin planning for successful participation.

TRANSPORTATION: On June 27th (Opening Day) and August 14th (Closing Day) we usually have chartered coaches to/from camp from the New York City, and Connecticut areas as well as Logan Airport in Boston. We also meet planes and ferries in Hyannis. At mid-season, we transport campers to and from Boston and Hyannis, and buses are arranged to NY and CT as needed. A TRAVEL FORM will be sent to you after enrollment, which will give more details including pick-up/drop-off locations and fees charged for these services.

TRIPS: Each unit enjoys two trips each month as a unit to Long Pond (our outpost camp) for swimming, canoeing, a cookout or sleep out, or to Nauset Beach, which is on the ocean side of the Cape or a Beach Day on Cape Cod Bay. We also offer a number of optional trips, for an additional fee, yet subject to change. Among the trips offered are: Boston Red Sox, Nantucket Island, Provincetown, a theatrical presentation, Boston (Quincy Market and Aquarium or Science Museum), Plimoth Plantation, Deep Sea Fishing, Newport Mansions and

Whale Watching. A TRIP FORM listing these optional trips will be sent after enrollment. *Bicycle, Canoe and Sail Racing Trips are included in the camp program.*

VISITS & CALLS TO CAMP: We ask parents and guests *not* to visit camp for the first week of their child's session. During this time, we also discourage phone calls home by the campers. Should your child be having difficulties, we will work as a team and contact you immediately. After the acclimatization period, parents may visit during visiting hours and see their children in the various activities. Weekends are best for visits. Call ahead to help your child plan around their very busy schedule. Short Visits are best.

NO CELL PHONES: To maintain our distinctive camp environment, **we do not allow campers to utilize or have in their possession cellular telephones, pagers, computers or electronic email devices while at camp.** Counselors and staff are also restricted in their use of cellular phones, computers or other electronic devices while on campus.

Campers may use the 4 camper phones for outgoing calls. A mutually agreed upon time must be set up with your child to receive incoming calls on the camp office lines. (After lunch or after dinner is best, but campers are very busy and calls may be missed.)

CAMPERSHIPS: A limited number of camperships are available each year. Most camperships are granted based on both need and merit. Applications for camperships must be completed and returned to CCSC by ***January 1st*** of each year.

DISCIPLINE AT CAMP: The ultimate goal of all discipline is self-control. Eventually, any outward sanctions utilized for discipline are replaced by inner controls that regulate behavior according to each situation a child encounters. Children need time and firm but fair discipline to serve as a guidance element for their behavior. Our goal in discipline is not to punish but to teach (from the Latin "disciple" – teacher) correct behavior. Children need to develop responsibility for their actions. Discipline at CCSC is circumstantial. Each and every circumstance is treated a little differently depending on the severity of the behavior. A complete description of our Disciplinary Code is available in the CCSC Parent Handbook. A copy of this information may be mailed to you before you make your decision to send your child to CCSC.

THE FAMILY: Cape Cod Sea Camps, Monomoy/Wono, are among the oldest privately owned and family run camps in the country. CCSC Executive Director Nancy Garran, representing the 3rd generation of family leadership, continues with the same underlying philosophy of providing a memorable experience for children that is conducive to fun and learning while focusing on the emotional and physical safety of each camper and staff member.

MONOMOY DAY CAMP: Based on the same solid philosophy of CCSC, the Monomoy Day Camp provides a wonderful day camp experience to the residents of the Lower Cape and summer visitors. Campers may choose from 1 to 7 week stays with daily activity choices. Day Campers have their own cabins and meeting areas and are supervised by their own day camp counseling staff and directors. *Please contact our office for further details.*

POST SEASON CAMPS: Cape Cod Sea Camps leases its facilities to specialty Sports Camps at the end of the summer, which ***offers both resident and day programs.*** For more information contact:

Paul Turner's Ultimate Soccer Academy (Co-ed)

Paul Turner, Director

PO Box 119, S. Yarmouth, MA 02664

508.394.9232

Email: Paul@ultimatesoccer.org

Website: www.ultimatesoccer.org

The Cape Cod Running Camp (Co-ed)

Roy Harrison, Director

143 Berkeley Road, Fairfield, CT 06825

203.334.8411

Email: roy.harrison@quinnipiac.edu

If interested in running your own clinic or camp, contact groups@capecodseacamps.com

Rental of Facility for Field Trip Opportunities at CCSC

Thousands of children join their schools and church groups for camping experiences here at the Cape Cod Sea Camps during Spring and Fall. To find out more about hosting a group at camp, call 508.896.3451 or email groups@capecodseacamps.com or capecodfieldtrips.com

